

**Letter of Understanding
Between
The Network of Religious Communities 716-882-4793
And**

(Type or Print Name of Congregation)

This Letter of Understanding (LOU) is made and entered into by and between *Network of Religious Communities* and

I. PURPOSE OF LOU:

The purpose of this L.O.U. is to detail what is expected from the participating congregation with reference to the “**Yes You Can Defy Diabetes!**” program and what you can expect from the Network of Religious Communities (NRC) and the sponsoring organization Institute for Leadership (IFL).

II. CONGREGATION EXPECTATIONS FOR DIABETES PROGRAM:

1. Identify two (2) volunteers to be trained as a community health worker. Please find attached the volunteer criteria.
2. Post any diabetes awareness advertising materials you receive from us at your designated posting boards and or distribute any free giveaways.
3. Distribute and collect a Diabetes Risk Assessment Survey amongst your members.
4. Commence 6-Week “**Yes You Can Defy Diabetes!**” program by October 16th and receive \$1,000 honorarium when you have gone through program class 1 at your place of worship or receive \$1,000 honorarium in January 2011 (if classes start after October 16th). The program commitment is once a week for one hour over 6-weeks. We ask that each congregation have at least 30 participants complete the 6-week program. The composition of the participants should include at least 20 high-risk for diabetes folks (according to the Diabetes Risk Assessment Survey) and or Diabetics in the program during a calendar year. This can be done in one 6-week cycle or numerous cycles. You can actually go through the 6-week program as often as you like since the two (2) trained community health workers are members of your congregation. You can promote this program in your community as an outreach.

III. WHAT YOU CAN EXPECT FROM NRC AND IFL:

- Technical Assistance throughout 2010 and 2011.
- Reimbursement of travel expenses to/from the trainings.
- Printing of PARTICIPANT curriculum up to 30 copies.
- Provide program materials: water bottles, portion cups, exercise bands, journals, program banner, weight scale, etc.

- Health care partners list and local resource listings.
- Free 2-hr financial consultation for your congregation. This 2-hr session is to provide financial advice for your organization.

IV. HONORARIUM

- Once the two (2) volunteers complete the 2-part training and complete class 1 of the diabetes program, your congregation will receive an honorarium of \$1000 for your participation in the statewide fight against diabetes.

V. COMMENCEMENT / EXPIRY DATE

This LOU is executed as of the date of the last signature and is effective through December 31, 2011 at which time it will expire.

VI. SIGNATURES

IN WITNESS THEREOF, the parties hereto have executed this agreement on the day and year first written below.

NETWORK OF RELIGIOUS COMMUNITIES, 1272 Delaware Avenue, Buffalo, NY 14209

Signature Date

Type or Print Name

<i>CONGREGATION INFORMATION AND SIGNATURE BELOW</i>

Congregation Name Spiritual Leader Name

Congregation Address

Authorizing Signature Date

Type or Print Name

Email Telephone: Specify Office/Mobile/Other